

TRIPPS

CHOICES & VOICES

WHAT'S NEW

Summer Fun!
Resource Guide
TRIPPS
Honored
Fall Programs



**TRIPPS OF
MASSACHUSETTS**

(617) 730-2644

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TRIPPSMass.org

Looking for a
great volunteer
position? TRIPPS
would love to
hear from you!

SUMMER FUN!

TRIPPS kicked off the summer at the Brookline Senior Center with an ice cream social and discussion of car-free day trips. Seniors enjoyed ice cream donated by J.P. Licks and discussed summer destinations like Provincetown via the fast ferry and the Harbor Islands.

RESOURCE GUIDE

We are currently working on a 3rd edition of the Resource Guide, revising existing profiles and adding new ones. Look for it in October.

TRIPPS HONORED

TRIPPS was recently honored with the BrooklineCAN Community Service Award. On behalf of the staff and volunteers, we are grateful for the support of all the members of BrooklineCAN.

JOIN US FOR FALL PROGRAMS IN BROOKLINE & NEWTON!

To register for Brookline programs, call (617)730-2644.

To register for Newton programs, call (617) 796-1660.

Smartphone Help Sessions

Wednesdays this fall, 3 p.m. - 4:30 p.m., Brookline Senior Center
Learn how smartphones can make your life easier and give you more freedom, independence, and free time. Be sure to bring your smartphone (iPhone or Android) if you have one, along with your email, app store, and/or Apple ID usernames and passwords.

Car-free Fall Getaways and Holiday Shopping

October 2nd, 1 p.m. - 3 p.m., Brookline Senior Center

Join us for cider and donuts and a discussion of car-free getaways for the fall and upcoming holiday season. Want to head to Foxwoods or even New York City without a car? Senior discounts will be discussed.

Get to know the Uber & Lyft Apps

October 6 & 13 at the Brookline Senior Center, 1 p.m. - 3 p.m.

Have you been hearing a lot about Uber and Lyft in the news? Curious how this new way of getting around can work for you? Join us for an introduction to the ride-sharing phenomenon!

Driving Retirement Panel Discussion

Thursday, October 19th, 6 p.m. - 8 p.m., Newton Senior Center

Imagine the freedom of being able to get where you want, when you want, within your budget—and all without the stress of driving, parking, and maintaining your own car. Join us for a lively panel discussion on ways you can prepare for "driving retirement," and the variety of transportation options available for travelers of all ages. Led by Kerri Ann Tester, TRIPPS Program Director, the panelists include:

- Officer Eric Rosenbaum, Newton Police Community Services Bureau
 - Kristen Dixon Keilty, Occupational Therapist & Driver Rehabilitation Specialist, Keys to Independence Program at Emerson Hospital
 - Debra Kerrigan, Senior Occupational Therapist, Newton-Wellesley Hospital Rehab Services
 - Michele Ellicks, Community Outreach, MassDOT/Registry of Motor Vehicles
- Free. Light dinner generously sponsored by The Village Bank.

TRIPPS Transportation Fair at the Newton Senior Center

Wednesday, November 29th, 1:30-3:30 p.m. Drop-in—no pre-registration required.

Drop in at our Transportation Fair to learn about the many non-driving options available to you! Come learn about all the ways seniors in Newton can get around without driving, including the MBTA, The RIDE, Yellow Taxi Vouchers, parking stickers, and ride-hailing apps. Talk with vendors, service providers, and representatives from nonprofits and governmental organizations. Apply for or renew your MBTA senior (reduced fare) Charlie Card—just bring a driver's license or other government-issued photo ID that includes your birthdate. You can even get one-on-one help downloading smartphone ride-hailing apps like Uber and Lyft! *Note: This program will be held in conjunction with the Newton MBTA CharlieCard event.*